### Ultra LABAs in COPD

**Puneet Saxena** 

### Changing the Natural History

- Smoking cessation
- LTOT
- LVRS in selected patients

• Pharmacotherapy?

Anthonisen NR. The lung health study. JAMA. 1994
Nocturnal Oxygen Therapy Group, et al. Ann Intern Med. 1980
Naunheim KS. Ann Thorac Surg. 2006

#### Effect of Pharmacotherapy on Rate of Decline of Lung Function in Chronic Obstructive Pulmonary Disease

**Results from the TORCH Study** 

- Post hoc analysis of the TORCH study
- Effects of
  - combined salmeterol 50 μg plus fluticasone propionate 500 μg
  - either component alone
  - Placebo
- On the rate of post-bronchodilator FEV1 decline in patients with moderate or severe COPD
- 5,343 patients were studied

Celli BR et al. Am J Respir Crit Care Med. 2008

### Adjusted yearly rate of decline in FEV1 by treatment group

	Placebo ( $n = 1,261$ )	SAL ( <i>n</i> = 1,334)	FP ( <i>n</i> = 1,356)	SFC (n = 1,392)
Adjusted rate of decline (SE), ml/yr	-55.3 (3.2)	-42.3 (3.1)	-42.3 (3.1)	-39.0 (3.0)
Active treatment minus placebo (SE), ml/yr	_	13.0 (4.4)	13.0 (4.4)	16.3 (4.4)
95% CI	_	4.3, 21.7	4.3, 21.7	7.7, 24.9
P value	_	0.003	0.003	< 0.001
SFC minus components (SE), ml/yr	_	3.3 (4.3)	3.3 (4.3)	_
95% CI	_	-5.1, 11.7	-5.1, 11.6	_
P value	-	0.441	0.445	-

	Placebo ( <i>n</i> = 1,261)	SAL ( <i>n</i> = 1,334)	FP (n = 1,356)	SFC (n = 1,392)
Adjusted rate of decline (SE), %/yr	-1.5 (0.1)	-1.0 (0.1)	-1.1 (0.1)	-0.9 (0.1)
Active treatment minus placebo (SE), %/yr	-	0.5 (0.2)	0.4 (0.2)	0.6 (0.2)
95% CI	-	0.2, 0.8	0.1, 0.8	0.3, 0.9
P value	_	0.002	0.006	< 0.001
SFC minus components (SE),%/yr	_	0.1 (0.2)	0.1 (0.2)	_
95% CI	_	-0.2, 0.4	-0.2, 0.4	_
P value	-	0.627	0.401	_

#### Celli BR et al. Am J Respir Crit Care Med. 2008

### Search for the 'Holy Grail'

- Ideal Bronchodilator
  - Long acting
  - Instant action
  - Minimal side effects
- LABA
- LAMA
- Ultra-LABA

### Need for Ultra LABAs

- Importance of once daily dosing
  - Noncompliance increased morbidity in COPD
- Potency
  - binding ability and local concentration
- Onset of action
  - water solubility of the molecule
- Better  $\beta 2:\beta 1$  profile

# Treatment of COPD: Relationships between daily dosing frequency, adherence, resource use, and costs

- Retrospective study 55,076 COPD patients
- Adherence was strongly correlated with dosing frequency
- PDC was 43.3%, 37.0%, 30.2% and 23.0% for QD, BID, TID, and QID patient cohorts
- Adherence was correlated with healthcare resource utilization
- For 1000 COPD patients, a 5% point increase in PDC reduced the annual number of inpatient visits (2.5%) and emergency room visits (1.8%)

### Scientific rationale



### Mechanism of action



Johnson M. Paediatric respiratory reviews 2001;2:57-62.

### Approved Ultra-LABAs

- Indacaterol:
  - approved by the EMA on Nov 30, 2009 and by Russian FDA-equivalent under the trade name Onbrez Breezhaler
  - United States approved by the FDA under the trade name Arcapta Neohaler on July 1, 2011
- Olodaterol:
  - approved in some EU countries and Russia, and by the US FDA on July 31, 2014 (Striverdi Respimat)
- Vilanterol : available only as a component of combination drugs:
  - with fluticasone furoate: Breo Ellipta (U.S.), Relvar Ellipta (EU, RU)approved by the FDA on May 2013 as once-daily inhaled therapy for COPD
  - with umeclidinium bromide: Anoro Ellipta
    - FDA -December 18, 2013
    - EU and RU- March 28, 2014

### Under development

- Abediterol (codenamed LAS100977)
- Salmefamol [salbutamol and paramethoxyamphetamine (PMA) hybrid]

### Failed agents

- Carmoterol (formerly TA-2005)
- Milveterol
- PF-610355
- AZD-3199

### Indacaterol

- Chirally pure inhaled ultra-LABA
- Significant β2-adrenoceptor potency, a fast onset of action, and sustained duration of action
- Nearly a full agonist
  - 73% effect compared to the full in-vitro agonist isoprenaline (salmeterol 38%)
- Onset of action 30 ± 4 min
- Duration 24h
- β2 :β1 similar to formoterol
- Greater cardiovascular safety margin than formoterol or salmeterol



#### Cazzola M, et al. Drugs Today (Barc). 2010;46:139–150

### Indacaterol – clinical studies

Study	Study design	Ν	Treatment	Outcomes
Bauwens et al.	Randomized, double-blind, placebo-controlled, crossover	51	Indacaterol 150, 300 or 600 μg o.d., placebo o.d. or formoterol (12 μg b.i.d.)	24-h trough FEV1 significantly higher for all doses of indacaterol vs. placebo and for 300 and 600 μg vs. formoterol
LaForce et al.	Randomized, three- period crossover study (14-day treatment periods with 14- day washouts between treatments)	68	Indacaterol 300 μg or placebo o.d. and salmeterol 50 μg b.i.d. for 14 days	Trough FEV1 for indacaterol 200 mL higher than placebo and 90 mL higher than salmeterol.
Rennard et al.	Randomized, double-blind, placebo-controlled dose- ranging trial of indacaterol followed by a tiotropium open-label extension period	635	Indacaterol 50, 100, 200 or 400 μg or placebo o.d. via MDDPI, indacaterol 400 μg q.d. via SDDPI for 7 days, tiotropium 18 μg o.d. (open-label) via a SDDPI	Clinically relevant improvements in FEV1 AUC 22-24h vs. placebo for 400 and 200 µg doses on day 1 and all doses on day 7. Increase in FEV1 from 5 min to 24 h post- dose for all indacaterol doses. Effects of indacaterol on FEV1 were similar to those of tiotropium.

## Efficacy and safety of indacaterol 150 $\mu$ g once-daily in COPD: a double-blind, randomised,

### 12-week study

INLIGHT 1

- Randomized, double-blind, placebo-controlled
- 416 patents
- Efficacy variables
  - 24-h trough FEV1 (mean of 23 h 10 min and 23 h 45 min post-dose) at Week 12 (primary endpoint) and after Day 1
  - Percentage of COPD days with poor control
- Safety variables
  - Adverse events
  - Mean serum potassium
  - Blood glucose
  - QTc
  - Vital signs



- Reduced the % of days of poor control by 22.5% (p < 0.001)
- Reduced use of rescue medication (p < 0.001)
- No difference in adverse effect profile

Feldman G et al. BMC Pulm Med. 2010 Mar 8;10:11

Once-daily indacaterol versus twice-daily salmeterol for COPD: a placebo-controlled comparison

- Double-blind, RCT
- 1,002 patients; 838 (84%) completed the study
- Moderate-to-severe COPD
- 6 m treatment with indacaterol (150 μg OD), salmeterol (50 μg BD) or placebo
- Primary efficacy end-point trough FEV1 after 12 weeks.



 Also translated to better COPD control and less use of rescue inhalers

Kornmann O. Eur Respir J 2011; 37: 273–279



• Similar trends in TDI

Kornmann O. Eur Respir J 2011; 37: 273–279

### Indacaterol vs Formoterol

- INVOLVE Study
- Double-blind, double-dummy RCT 52 wks
- Moderate to severe COPD
  - Indacaterol 300 μg OD (n=437)
  - Indacaterol 600 μg OD (n=428)
  - Formoterol 12  $\mu$ g (n=435)
  - Placebo (n=432)
- Primary efficacy variable trough FEV1 after 12 weeks



- Indacaterol increased 24 h postdose FEV1 after 12 weeks by 170 ml (both doses) versus placebo and by 100 ml versus formoterol (all p<0.001)</li>
- Differences were maintained at 52 weeks
- Indacaterol was more effective than formoterol in improving TDI score and reducing the need for asneeded salbutamol
- Safety profile similar
- No difference HRQoL, COPD control, Exacerbation rates

#### Dahl R et al. Thorax 2010;65:473e479.



Cochrane Database of Systematic Reviews

Indacaterol, a once-daily beta2-agonist, versus twice-daily beta2-agonists or placebo for chronic obstructive pulmonary disease (Review)

Geake JB et al. Cochrane Database of Systematic Reviews 2015, Issue 1. Art. No.: CD010139.

### Indacaterol vs twice-daily LABAs

- 13 trials with 9961 participants
  - 10 (n=8562) indacaterol versus placebo
  - -5 (n=4133) indacaterol vs twice-daily  $\beta$ 2- agonist
- Primary objectives trough FEV1 at the end of dosing, exacerbation rates and quality of life.
   Significant adverse
- Secondary outcomes events, mortality and dyspnoea

#### Indacaterol vs LABAs, Outcome - Trough FEV1 (by dose).

Study or subgroup	Indacaterol	Alternative LABA	Mean Difference (SE)	Mean Difference	Weight	Mean Difference
	N	N		IV,Fixed,95% CI	-1.007566 <b>-</b> 252766	IV,Fixed,95% CI
I Indacaterol 150 mcg						
Korn 2011	522	512	60 (11.7349)		51.0 %	60.00 [ 37.00, 83.00 ]
Kornmann 2011	300	291	70 (20.0202)		17.5 %	70.00 [ 30.76, 109.24 ]
Subtotal (95% CI)	822	803		•	68.6 %	62.56 [ 42.71, 82.40 ]
Heterogeneity: $Chi^2 = 0$ .	19, df = <mark>1</mark> (P =	= 0.67); l <sup>2</sup> =0.0%				
Test for overall effect: Z =	= 6. <mark>1</mark> 8 (P < 0.0	(10000				
2 Indcaterol 300 mcg						
Dahl 2010	321	150	110 (24.7259)		11.5 %	110.00 [ 61.54, 158.46 ]
To 2011	105	49	80 (28.6007)		8.6 %	80.00 [ 23.94, 136.06 ]
Subtotal (95% CI)	426	199		•	20.1 %	97.17 [ 60.51, 133.83 ]
Heterogeneity: $Chi^2 = 0.6$	63, df = 1 (P =	= 0.43); l <sup>2</sup> =0.0%				
Test for overall effect: Z =	= 5.19 (P < 0.0	(1000				
3 Indacaterol 600 mcg						
Dahl 2010	3 <mark>0</mark> 8	150	100 (24.8915)		11.3 %	100.00 [ 51.21, 148.79 ]
Subtotal (95% CI)	308	150		-	11.3 %	100.00 [ 51.21, 148.79 ]
Heterogeneity: not applic	able					
Test for overall effect: Z	= 4.02 (P = 0.0	000059)				3
Total (95% CI)	1556	1152		•	100.0 %	73.76 [ 57.33, 90.19 ]
Heterogeneity: $Chi^2 = 4$ .	.72, df = <mark>4 (</mark> P =	= 0.32); l <sup>2</sup> = 15%				
Test for overall effect: Z	= 8.80 <mark>(P</mark> < 0.0	00001)				
Test for subgroup differe	nces: Chi <sup>2</sup> = 3	.90, df = 2 (P = 0.14	), l <sup>2</sup> =49%			
				i i k c	- E	
			-2	00 -100 0 100	200	
			Favours alte	mative LABA Favours Inc	lacaterol	

#### Indacaterol vs LABAs, Outcome - Quality of life

Study or subgroup	Indacaterol	Alternative LABA	Mean Difference (SE)	M Differe	lean ence	Weight	Mean Difference
	N	N	6 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 2 - 2	IV,Fixed,	95% CI		IV,Fixed,95% CI
I Indacaterol 150 mcg							
Kornmann 2011	299	292	-1.2 ( <mark>1.1</mark> 314)	•	10	43.9 %	-1.20 [ -3.42, 1.02 ]
Subtotal (95% CI)	299	292				43.9 %	-1.20 [ -3.42, 1.02 ]
Heterogeneity: not applica	able						
Test for overall effect: Z =	1.06 (P = 0.29)	)					
2 Indacaterol 300 mcg							
Dahl 2010	323	151	-0.5 (1.4142)	* 🚪	`	28.1 %	-0.50 [ -3.27, 2.27 ]
Subtotal (95% CI)	323	151				28.1 %	-0.50 [ -3.27, 2.27 ]
Heterogeneity: not applica	ible						
Test for overall effect: Z =	0.35 (P = 0.72)	)					
3 Indacaterol 600 mcg							
Dahl 2010	307	151	-0.5 (1.4142)	• •	•	28.1 %	-0.50 [ -3.27, 2.27 ]
Subtotal (95% CI)	307	151				28.1 %	-0.50 [ -3.27, 2.27 ]
Heterogeneity: not applica	able						
Test for overall effect: Z =	0.35 (P = 0.72)	)					
Total (95% CI)	929	594			-	100.0 %	-0.81 [ -2.28, 0.66 ]
Heterogeneity: $Chi^2 = 0.2$	I, df = 2 (P = 0)	0.90); l <sup>2</sup> =0.0%					
Test for overall effect: $Z =$	1.08 (P = 0.28)	)					
Test for subgroup different	ces: Chi <sup>2</sup> = 0.21	, df = 2 (P = 0.90), l <sup>2</sup>	=0.0%				
				1 1	<u> </u>		
				-2 -1 0	I 2		
			Favo	ours Indacaterol	Favours alterna	ative LABA	

### Dyspnoea

Study or subgroup	Indacaterol	Alternative LABA	Mean Difference (SE)	Diffe	Mean rence	Weight	Mean Difference
	N	Ν		IV,Fixed	1,95% CI		IV,Fixed,95% CI
I Indcaterol 150 mcg							
Korn 2011	522	512	0.63 (0.1684)			55.2 %	0.63 [ <mark>0.30, 0.96</mark> ]
Kommann 2011	303	148	0.77 (0.3097)		•	16.3 %	0.77 [ 0.16, 1.38 ]
Subtotal (95% CI)	825	660			-	71.5 %	0.66 [ 0.37, 0.95 ]
Heterogeneity: $Chi^2 = 0.1$	6, df = 1 (P = 0	.69); <mark>1</mark> <sup>2</sup> =0.0%					
Test for overall effect: Z =	4.47 (P < 0.000)	001)					
2 Indacaterol 300 mcg							
Dahl 2010	318	150	0.19 (0.3331)		•	14.1 %	0.19 [ -0.46, 0.84 ]
Subtotal (95% CI)	318	150				14.1 %	0.19 [ -0.46, 0.84 ]
Heterogeneity: not applica	able						
Test for overall effect: $Z =$	0.57 (P = 0.57)						
3 Indacaterol 600 mcg							
Dahl 2010	301	150	0.3 (0.3294)	lin a c		14.4 %	0.30 [ -0.35, 0.95 ]
Subtotal (95% CI)	301	150				14.4 %	0.30 [ -0.35, 0.95 ]
Heterogeneity: not applica	able						
Test for overall effect: Z =	0.91 (P = 0.36)						
Total (95% CI)	1444	960			-	100.0 %	0.54 [ 0.30, 0.79 ]
Heterogeneity: $Chi^2 = 2.4$	17, df = 3 (P = 0)	$(.48);  ^2 = 0.0\%$					
Test for overall effect: $Z =$	4.34 (P = 0.000	0014)					
Test for subgroup differen	ces: Chi <sup>2</sup> = 2.31	$df = 2 (P = 0.31), 1^2$	=14%				
				<u> </u>	<u>j i</u>		1
				-1 -0.5 0	0.5 1		
			Favours at	ternative LABA	Favours Indac	aterol	

### Indacaterol vs Tiotropium

- INHANCE Study
- Double-blind, placebo controlled RCT
- Moderate-to-severe COPD
- Indacaterol 150 or 300 µg or placebo, or openlabel tiotropium 18 mg, all OD, for 26 wks
- Primary outcome -trough FEV1 at 12 wks
- 1,683 patients
  - age- 63.3 yr; post-bronchodilator FEV1- 56%
     predicted; FEV1/FVC- 0.53

### **Results - INHANCE**

- Trough FEV1 at Week 12 increased vs placebo by 180 ml with both indacaterol doses and by 140 ml with tiotropium
- Maintained at 26 weeks and when stratified for age, smoking status and ICS use
- Significantly better in terms of TDI
- Similar in terms of SGRQ
- Adverse effect profile similar

Donohue HF et al. Am J Respir Crit Care Med. 2010 Jul 15;182(2):155-62.

### Indacaterol vs Tiotropium -Metanalysis

Study	Treatment duration (weeks)	COPD criteria (GOLD)	Number of subjects	Men, %	Age (mean)	Drug and Dose	Baseline FEV <sub>1</sub> L (% Predicted)	Primary outcome
Donohue et al 2010 (INHANCE study)	26	Moderate to Severe	416	62	63.4	Indacaterol 150µg	1.52 (56.1)	Trough FEV1 at week 12
			415	65	64.0	Tiotropium 18µg	1.45 (53.9)	
Buhl et al 2011 (INTENSITY study)	12	Moderate to Severe	794	70	63.6	Indacaterol 150µg	1.53 (54.6)	Trough FEV1 at week 12
			799	67	63.4	Tiotropium 18µg	1.52 (54.3)	
Bateman et al 2013 (SHINE study)	26	Moderate to Severe	476	74	63.6	Indacaterol 150µg	1.5 (54.9)	Trough FEV1 at week 26
			480	75	63.5	Tiotropium 18µg	1.5 (55.1)	
Decramer et al 2013   (INVIGORATE study)	52	Severe	1721	78	64.0	Indacaterol 150µg	1.13 (40.2)	Trough FEV1 at week 12
			1718	76	64.0	Tiotropium 18µg	1.14 (40.7)	

#### Kim, J. S et al. PLoS ONE; 2015; 10(3), e0119948

Study name	Samp	ole size	Statistics for each study				
	Indacaterol	Tiotropium	Diff in means	Std diff in means and 95% Cl	P-Value		
Donohue et al 2010	389	393	0.040	0.099 (-0.041, 0.239)	0.166		
Buhl et al 2011	794	799	0.010	0.035 (-0.063, 0.134)	0.480		
Bateman et al 2013	476	480	0.020	0.060 (-0.067, 0.187)	0.356		
Decramer et al 2013	1450	1467	-0.011	-0.036 (-0.109, 0.037)	0.331		
Total (95% CI)	3109	3139	0.003	0.014 (-0.036, 0.063)	0.587		

#### Heterogeneity: Tau2 = 0.001, df = 3 (P = 0.270) ; I<sup>2</sup> = 23.5%

Test for overall effect: Z = 0.54 (P = 0.587)

#### Without Decramer study

	Indacaterol	Tiotropium	Diff in means	Std diff in means and 95% Cl
Donohue et al 2010	389	393	0.040	0.099 (-0.041, 0.239)
Buhl et al 2011	794	799	0.010	0.035 (-0.063, 0.134)
Bateman et al 2013	476	480	0.020	0.060 (-0.067, 0.187)
Total (95% CI)	1659	1672	0.017	0.057 (-0.011, 0.125)
Heterogeneity: Tau <sup>2</sup> =	0, df = 2 (P = 0.7	766) ; I <sup>2</sup> = 0%		

Test for overall effect: Z = 1.65 (P = 0.098)

#### Std diff in means and 95% CI





**Favors Tiotropium** 

0.166

0.480

0.356

0.098

**Favors Indacaterol** 

#### Kim, J. S et al. PLoS ONE; 2015; 10(3), e0119948

### Indacaterol vs Tiotropium

- Similar SGRQ profile
- Incidences of nasopharyngitis, serious cardiovascular events, and serious adverse events similar
- Cough (OR = 1.68, P < 0.001, and RR = 1.63) and COPD worsening (OR = 1.18, P = 0.003, and RR = 1.12) were higher for indacaterol than tiotropium
- Without INVIGORATE study, the difference in the incidence of COPD worsening became non-significant (OR = 1.13, P = 0.204, and RR =1.09)

Comparative efficacy of long-acting bronchodilators for COPD - a network meta-analysis

- Evaluate the comparative efficacy of
  - indacaterol 75/150/300  $\mu g$  OD
  - glycopyrronium bromide 50  $\mu$ g OD
  - tiotropium bromide 18  $\mu g$  OD
  - salmeterol 50 µg BD
  - formoterol 12  $\mu$ g BD
  - Placebo
- Moderate to severe COPD
- 40 RCTs combined in a Bayesian network metaanalysis



Cope et al. Respiratory Research 2013, 14:100

### Results

- Indacaterol was associated with a higher trough FEV1 than other active treatments
  - difference for indacaterol 150 μg and 300 μg vs placebo: 152 mL and 160 mL
- Indacaterol was associated with greatest improvement in SGRQ score
  - difference for indacaterol 150 μg and 300 μg vs placebo: -3.9 and-3.6
- Glycopyrronium and tiotropium 18 µg resulted in the next best estimates for both outcomes with minor differences

A UK-Based Cost-Utility Analysis of Indacaterol, A Once-Daily Maintenance Bronchodilator for Patients with COPD, Using Real World Evidence on Resource Use

 To establish, from the NHS perspective, the cost-effectiveness profile of indacaterol compared with tiotropium and salmeterol, in patients with moderate to severe COPD

 Took clinical inputs from INHANCE and INLIGHT-2 trials

Price D et al. Appl Health Econ Health Policy, 2013; 11:259–274

## Cost-effectiveness results for indacaterol for a 3-year time horizon

	Indacaterol 150 µg	Tiotropium 18 μg	Difference
Total costs	£4534	£4781	$-\pounds248$
Total QALYs	2.158	2.150	0.008
ICER			Dominant <sup>a</sup>
	Indacaterol 150 μg	Salmeterol 2 × 50 μg	Difference
Total costs	£4583	£4692	-£110
Total QALYs	2.158	2.149	0.008
ICER			Dominant <sup>a</sup>
	Indacaterol 300 μg	Tiotropium 18 μg	Difference
Total costs	£4501	£4760	-£259
Total QALYs	2.162	2.151	0.011
ICER			Dominant <sup>a</sup>

<sup>a</sup> Dominant = less cost, better outcomes

ICER incremental cost-effectiveness ratio, QALY quality-adjusted life-years
# A real-world evaluation of indacaterol and other bronchodilators in COPD: the INFLOW study

- Prospective, noninterventional study assessing the effectiveness and safety of LABAs in COPD from the Middle East, Asia, and South Africa
- Patients newly prescribed or switched to indacaterol or other LABA, or tiotropium (monotherapy or in combination) were evaluated over 6 months
- Primary endpoint clinical COPD questionnaire overall score at the end of the study

Juvelekian G et al. Int J Chron Obstruct Pulmon Dis. 2015; 10: 2109–2120.

## Results

- 1,710 patients (mean postbronchodilator FEV1, 59% predicted)
  - indacaterol (n=1,179)
  - Other LABA (n=68)
  - Tiotropium (n=271)
  - Indacaterol plus tiotropium (n=167)
  - Other LABA plus tiotropium (n=25)

Juvelekian G et al. Int J Chron Obstruct Pulmon Dis. 2015; 10: 2109–2120.



Indacaterol scored high on patient satisfaction rating

Juvelekian G et al. Int J Chron Obstruct Pulmon Dis. 2015; 10: 2109–2120.

## Approved dose

- US 75mcg OD
- Europe 150 and 300 mcg OD
- India
  - Onbrez Breezhaler 150mcg Capsule
  - Novartis India
  - INR 2031.00

## Olodaterol

- Chirally pure
- Potent, highly selective inhaled ultra-LABA
- Sustained duration of activity
- Rapid onset
- 241-fold greater selectivity for β2 over β1adrenoceptors
- Demonstrates greater potency than indacaterol, with an efficacy of 88% relative to isoprenaline
- Boehringer Ingelheim<sup>®</sup>

## **Olodaterol - Sustained action**

- Does not appear to be due to lipophilicity
- A portion of the delivered molecules form semi-stable complexes with the receptor and its G-coupled protein
- T1/2 17 h

## Safety and efficacy

#### Ferguson et al

- N= 624 and 642
- Olodaterol 5 or 10 mg with placebo
- Significant (p < 0.0001) improvements at 12 weeks with once-daily olodaterol versus placebo use in the lung function coprimary endpoints
  - FEV1 AUC from 0 to 3 hours
  - Trough FEV1
- No significant differences between 2 doses
- COPD control better

#### Koch et al

- N = 904 and 934
- Formoterol, olodaterol 5 mg or 10 mg, and placebo
- Lung function co-primary endpoints similar results

Ferguson et al. Int J Chron Obstruct Pulmon Dis. 2014;9:629–645
Koch et al. Int J Chron Obstruct Pulmon Dis. 2014;9:697–714

## Adjusted mean TDI focal score over 48 weeks of treatment



• After adjustment, Olodaterol but not indacaterol improved TDI and SGRQ.

•Koch et al. Int J Chron Obstruct Pulmon Dis. 2014;9:697–714

The 24-h FEV<sub>1</sub> time profile of olodaterol once daily via Respimat<sup>®</sup> and formoterol twice daily via Aerolizer<sup>®</sup> in patients with GOLD 2–4 COPD: results from two 6-week crossover studies

- 2 replicate, randomized, double-blind, double-dummy, four-way crossover studies
- Olodaterol 5 and 10 μg QD, formoterol 12 μg BID, or placebo for 6 weeks
- N=199 (99+100)
- Co-primary end points
  - FEV1 area under the curve from 0–12 h (AUC<sub>0–12</sub>) response (change from baseline)
  - FEV1 AUC from 12–24 h (AUC<sub>12–24</sub>) response after 6 weeks
- Secondary endpoint FEV1 AUC from 0–24 h response



Feldman et al. SpringerPlus 2014, 3:419

The 24 Hour Lung Function Time Profile of Olodaterol Once Daily Versus Placebo and Tiotropium in Patients with Moderate to Very Severe Chronic Obstructive Pulmonary Disease

- 2 replicate, randomized, double-blind, four-way crossover (6-wk treatment periods)trials
  - Olodaterol (5 and 10 µg) once daily (via Respimat<sup>®</sup>)
  - Tiotropium 18 μg via HandiHaler<sup>®</sup>)
  - Placebo
- 230 patients (108+122)
- Co-primary end points
  - FEV1 area under the curve from 0–12 h (AUC<sub>0–12</sub>) response (change from baseline)
  - FEV1 AUC from 12–24 h (AUC<sub>12–24</sub>) response after 6 weeks
- Secondary endpoint FEV1 AUC from 0–24 h response





Lange et al., J Pulm Respir Med 2014, 4:4

b)

## Indacaterol vs Olodaterol

- Indirect treatment comparison by systematic review and synthesis of the available clinical evidence
- 18 trials taken (8, olodaterol; 10, indacaterol)
- Network meta-analysis and adjusted indirect comparison methods
- Outcomes trough FEV1, TDI, SGRQ, rescue medication use, and exacerbations

Roskell NS, et al. Int J Chron Obstruct Pulmon Dis. 2014; 9:813-24.

## **Differences - heterogeneity**

#### **Olodaterol studies**

- Allowed concomitant use of bronchodilators, ICS, and xanthines
- Moderate to very severe COPD

#### Indacaterol studies

- Allowed concomitant use of ICS but not bronchodilators or xanthines
- Moderate-to-severe COPD

- LAMA-free analysis
- LAMA add-on analysis
- Sensitivity analysis

Roskell NS, et al. Int J Chron Obstruct Pulmon Dis. 2014; 9:813-24.



No difference in TDI and SGRQ in any group

Roskell NS, et al. Int J Chron Obstruct Pulmon Dis. 2014; 9:813-24.

## **Delivery device - Respimat**



## Vilanterol

- Potent, selective inhaled ultra-LABA
- Greater potency than indacaterol and salbutamol
- Significantly greater β2-selectivity than formoterol, indacaterol, or salbutamol
- Highly lipophilic inherent DOA > 24 h
- Onset- 5 min; median time to maximum plasma levels following inhalation -10 min

Monaco TJ et al. Expert Opin Emerg Drugs. 2017 Sep;22(3):285-299.

## Vilanterol

- Phase IIb multicenter, randomized doseranging trials
- 25 μg and 50 μg produced clinically relevant increases in FEV1 > 130 ml

- 137 and 165 ml, respectively

• No significant AEs

most common hypokalemia and hyperglycemia

Developed by Theravance<sup>®</sup>

Hanania NA, et al. Chest. 2012;142:119–127

## Abediterol (formerly LAS100977)

- Greater affinity to β2-adrenoceptor than salmeterol, formoterol, or indacaterol
- B2:β1 greater than formoterol and indacaterol
- More sustained duration of action (t½ = 669 min) than indacaterol (t½ = 449 min), salmeterol (t½ = 230 min), formoterol (t½ = 76 min)
- Rapidity of onset second only to formoterol
- Acquired from Almirall<sup>®</sup> by AstraZeneca<sup>®</sup> in 2014

Aparici M, et al. J Pharm Exp Therap. 2012 Aug;342 (2):497–509

#### Comparative Pharmacokinetics of Ultra-LABAs

Variable	Olodaterol	Indacaterol	Vilanterol
t <sub>max</sub> (min)	10–20	15	5–15
Time to steady state (days)	8	12–15	6
t <sub>1/2</sub> (hr)	7.5	45.5–126.0	11.0
Bioavailability (%)	~30	43–45	27
Protein binding after i.v. administration (%)	60	95	94
V after i.v. administration (L)	1110	2360–2560	165
Metabolism	Direct glucuronidation and O-demethylation (substantially); CYP2C9, CYP2C8, and CYP3A4 (negligibly); uridine diphosphate glycosyl transferase isoforms	Uridine diphosphate glycosyl transferase isoform UGT1A1, CYP3A4 (hydroxylation mainly), CYP1A1, CYP2D6	CYP3A4, P-gp transporter substrate
Elimination	Urine (5–7% unchanged)	Feces (54% unchanged, 23% hydroxylated metabolites), urine (<2%)	Feces (30%), urine (70%)

#### Monaco TJ et al. Expert Opin Emerg Drugs. 2017 Sep;22(3):285-299.

## **Bifunctional MABA agents**

- 'Bi-functional molecules' with both muscarinic antagonism and β-agonism domains
- Batefenterol (GSK961081, formerly TD-5959) by Theravance<sup>®</sup> and GlaxoSmithKline<sup>®</sup>
- Animal studies have shown success
- Phase IIb 4-week dosing trial in moderate-to-severe COPD
  - 400 µg daily dose of batenfenterol elicited greater bronchodilation than salmeterol
- 2-week trial compared batenfenterol 400 μg OD to combination tiotropium OD and salmeterol BD
  - MABA induced similar bronchodilation to combination therapy with a more rapid onset of action
    - Wielders PLML, et al. Eur Respir J. 2013;42:972–981.
    - Bateman ED, et al. Pulm Pharmacol Ther. 2013 Oct;26(5):581–587.

## Combinations

Medication/Formulation	Class	Approved
Vilanterol/umeclidinium bromide inhalation powder	LABA+LAMA	Dec 2013
Fluticasone furoate/vilanterol inhalation powder	ICS+LABA	May 2013
Indacaterol +glycopyrrolate inhalation powder	LABA+LAMA	Oct 2015
Tiotropium/olodaterol inhalation spray	LAMA+LABA	Apr 2015

Monaco TJ et al. Expert Opin Emerg Drugs. 2017 Sep;22(3):285-299.

### Combinations

• UltraLABA + LAMA

• UltraLABA + ICS

## Pharmacological LVRS?

#### Molino et al

- 40 patients were monitored with forced oscillation technique and spirometry
- Indacaterol/Glycopyrronium vs Tiotropium
- Small airway function and IC significantly better with combination

#### Salomon et al

- 78 pts; spirometry and body plethysmography
- Combination vs indacaterol
- Significantly better IC, FEV1, FVC, Resistace but not TLC

Molino et al. Multidisciplinary Respiratory Medicine. 2017;12:25 Salomon et al. Respiratory Research. 2017;18:13

#### According to GOLD 2017, dual bronchodilation is the 'preferred choice' for most COPD patients



#### Indacaterol+Glycopyronium



# Effect of QVA149 on lung volumes and exercise tolerance in COPD patients: The BRIGHT study $\stackrel{\mbox{\tiny $\pi$}}{}$

- Moderate-to-severe COPD were randomized to QVA149 110/50 mg, placebo or tiotropium 18 mg once daily in a blinded, 3-period crossover study for 3 weeks
- Primary endpoint exercise endurance time at Day 21 for QVA149 versus placebo
- 85 patients were randomized; 86% completed the study
- QVA149 significantly improved exercise endurance time at Day 21 compared with placebo but wasn't superior to Tiotropium

## SHINE Study

- Pivotal safety and efficacy study (USA, EU, Latin America, Asia)
- 2,144 COPD patients randomized; 2,135 analysed
- 26-week, multicenter, randomized, double-blind, parallel-group, placebo and active-controlled (openlabel tiotropium) study
- Randomised (2:2:2:2:1) to receive once-daily QVA149 (indacaterol 110mcg/glycopyrronium 50 mcg), indacaterol 150 mcg, glycopyrronium 50 mcg, openlabel tiotropium 18 mcg or placebo
- Primary end-point trough FEV1 at week 26 for QVA149 versus its monocomponents

#### SHINE: IND/GLY significantly improved

#### lung function vs monocomponents and TIO at Week 26



#### Bateman et al. Eur Respir J 2013; 42: 1484–1494



#### Summary of studies

IND/GLY vs fluticasone/sa	almeterol	IND/GLY vs tiotropium	
Breathlessness: difference in TDI score <sup>1</sup> +0.76 (p=0.003)			Breathlessness: difference in TDI score <sup>3</sup> +0.49 (p=0.021)
Reduction in reliever medication use <sup>1</sup>		EPORTED OMES	Days able to perform daily activities <sup>4</sup> +8.45% (p<0.001)
−0.39 puffs per day (p=0.019)	OUTC		Reduction in reliever medication use <sup>4</sup> -0.54 puffs per day (p<0.001)
Health status: difference in SGRQ score <sup>1</sup> -1.24 (p=NS)			Health status: difference in SGRQ score <sup>4</sup> -2.13 (p=0.009)
Onset of action: FEV <sub>1</sub> at 5 min <sup>1</sup> +150 mL (p<0.001)			Onset of action: FEV <sub>1</sub> at 5 min <sup>4</sup> +120 mL (p<0.001)
Peak FEV <sub>1</sub> <sup>1</sup> +155 mL (p<0.001)	IMPROVE LUNG FU	EMENT IN JNCTION	Peak FEV <sub>1</sub> <sup>4</sup> +130 mL (p<0.001)
24-hour efficacy: trough FEV <sub>1</sub> <sup>2</sup> +75 mL (p<0.001)			24-hour efficacy: trough FEV <sub>1</sub> <sup>4</sup> +80 mL (p<0.001)

1. Vogelmeier et al. Lancet Respir Med 2013 (ILLUMINATE) ; 2. Zhong et al. Int J COPD 2015 (LANTERN) ; 3. Mahler et al. Eur Respir J 2014 (BLAZE); 4. Bateman et al. Eur Respir J 2013(SHINE)

#### SPARK: IND/GLY reduced the rate of all exacerbations vs GLY and TIO over 64 weeks



#### Efficacy and safety of IND/GLY vs SFC – LANTERN : Exacerbations in patients with a history of exacerbations





A 52-week treatment, multi-center, randomized, double-blind, double dummy, parallel-group, active controlled study to compare the effect of Ind/Gly (indacaterol maleate / glycopyrronium bromide) with salmeterol/fluticasone on the rate of exacerbations in subjects with moderate to very severe COPD



#### **Risk reduction for Time to first exacerbation**

- All exacerbations:
- Moderate or severe exacerbation:
- Severe exacerbation:

16% risk reduction22% risk reduction (prolonged by 40 days)19% risk reduction

#### IND/GLY significantly improved trough FEV<sub>1</sub> versus SFC at Week 52


#### IND/GLY significantly improved health status versus SFC at each measured timepoint between Weeks 12 and 52





## IND/GLY significantly decreased rescue medication use compared with SFC at Week 52



Baseline rescue medication use was 4 puffs per day, on average, in both treatment groups

# The incidence of pneumonia was significantly lower with IND/GLY than with SFC

Preferred Term, n (%)	IND/GLY 110/50 μg q.d. (N=1678)	SFC 50/500 μg b.i.d. (N=1680)
Patients with at least one AE	1459 (86.9)	1498 (89.2)
Adverse events ≥3% in any treatment group		
Chronic obstructive pulmonary disease	1299 (77.4)	1374 (81.8)
Nasopharyngitis	197 (11.7)	195 (11.6)
Viral upper respiratory tract infection	132 (7.9)	138 (8.2)
Upper respiratory tract infection bacterial	125 (7.4)	168 (10.0)
Lower respiratory tract infection	82 (4.9)	98 (5.8)
Upper respiratory tract infection	81 (4.8)	83 (4.9)
Pneumonia	53 (3.2)	80 (4.8)
Cough	50 (3.0)	<sup>51 (3.0)</sup> P-0.02
Dyspnea	49 (2.9)	51 (3.0)
Influenza	35 (2.1)	56 (3.3)
Oral candidiasis	20 (1.2)	71 (4.2)
SAE(s)	308 (18.4)	334 (19.9)
Death	24 (1.4)	24 (1.4)
Discontinuation due to AE(s)	126 (7.5)	143 (8.5)
Discontinuation due to SAE(s)	85 (5.1)	87 (5.2)
Discontinuation due to non-SAE(s)	49 (2.9)	70 (4.2)

### **Olodaterol+ Tiotropium**

- 2 replicate, double-blind, randomized, 12-week studies (ANHELTO 1 and ANHELTO 2); N=2267
- Olodaterol 5 μg OD + tiotropium 18 μg Od vs tiotropium 18 μg OD + placebo
- Moderate to severe COPD
- Primary efficacy end points FEV1 AUC<sub>0-3</sub> and trough FEV1 after 12 weeks
- Olodaterol + tiotropium resulted in significant improvements over tiotropium + placebo
  - FEV<sub>1</sub> AUC<sub>0-3</sub> (treatment differences: 0.117 L [*P*<0.001], ANHELTO</li>
    1; 0.106 L [*P*<0.001], ANHELTO 2)</li>
  - Trough FEV<sub>1</sub> (treatment differences: 0.062 L [*P*<0.001], ANHELTO</li>
    1; 0.040 L [*P*=0.0029], ANHELTO 2)

ZuWallack R et al. Int J Chron Obstruct Pulmon Dis. 2014; 9: 1133–1144.

### Vilanterol + Umeclidinium

- 8 RCTs involving 6230 patients
- Significant increases in trough FEV1 and FVC when compared with mono-components
- Beneficial effects on dyspnea, albuterol use, and HRQoL compared with the other three groups
- No increase in adverse effects

Wang L . Clin Drug Investig. 2016 Nov;36(11):865-875.

### Vilanterol+Fluticasone

- Double-blind randomised controlled trial (SUMMIT) done in 1368 centres in 43 countries
- Randomly assigned (1:1:1:1) once daily inhaled placebo, fluticasone furoate (100 μg), vilanterol (25 μg), or the combination of fluticasone furoate (100 μg) and vilanterol (25 μg)
- 16 590 were randomised; 16 485 patients were included in the ITT analysis
- Primary outcome All-cause mortality unaffected
- Rate of decline in FEV1 was reduced by
  - combination therapy (38 mL per year [SE 2·4] vs 46 mL per year [2·5] for placebo, difference 8 mL per year [95% Cl 1-15])
  - fluticasone furoate (difference 8 mL per year [95% Cl 1-14])
  - vilanterol (difference -2 mL per year [95% CI -8 to 5])

#### Coming soon...

- Once daily, single dose- triple therapy for COPD
- IMPACT Trial
- Fluticasone furoate (FF)/umeclidinium (UMEC)/vilanterol (VI) versus FF/VI or UMEC/VI over a 52-week treatment period
- Co-primary endpoints: the annual rate of ontreatment moderate and severe exacerbations

#### Take home message

- Once-daily dosing has the potential to improve medication adherence
- 24-h activity is also likely to improve nocturnal and early morning symptoms
- Pharmacological stenting with ultra LABA+LAMA
- No major differences between individual drugs
- Triple therapy and MABA awaited